# Connecting with



Teens

Tweens &

PSA Results

Your Personalized

REYNOLDS

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#### YOUR PERSONALIZED PSA SCORE

Here are the results of your assessment:



As you can see from your results, your personality is influenced by more than one Color Style, in the percentages shown. How high those percentages are, relative to one another, will offer a clue to your attitudes and behavior in this particular aspect of your life - the higher the percentage, the greater the Color Style influence.

This report will first give you detailed information about your Primary Color, the strongest influence, and how this affects your interactions with others at home and school. This is followed by information about your Secondary Color, which also influences your basic personality. How you view life and live it will be the result of your unique color blend in all areas.

You will also learn how you can use Color Style techniques effectively to help you deal with friends, teachers, family members and others.

### A 'TWEEN/TEEN'S RED STYLE

Reds' style is traditional in that they follow procedures, have rules and they expect everybody else - their peers, friends and family - to go above and beyond the call of duty. They become miffed when someone doesn't.

Red T/Ts are often told that they are "strong willed" and "stubborn" and the seed of truth about this is that they are born leaders who are driven to get results and the want everything: Right Now! They are often labeled as "impatient" when a better understanding would be that they are driven to get homework assignments and projects done.

Red T/Ts enjoy the process of setting goals and putting together their action plan - gathering all of the pertinent information, evaluating what has worked before and what hasn't. They like to create a master plan, eliminating questionable options, setting timelines and making sure they are on the cutting edge of everything, including change.

#### Reds are born leaders, strong willed and stubborn ...

They are generally the school leaders who get elected as the Class President, Student Council and other groups.

They are driven to ensure that everything happens the way it should. Unfortunately they can become disgruntled and irritable when things don't go just right. But because they are such natural leaders, they are like the gyroscope that keeps everyone focused on the end result, no matter how many twists and turns the road takes. Red T/Ts are not afraid of rolling up their sleeves and get to work when it's needed on a school project or activity.

#### How 'Tweens and Teens Can Succeed with the 4 Color Styles at School & Home

When Reds hang out with Blues it is good to know that Blues are incredibly loyal, steady and reliable; they are extremely sensitive to a Red T/T's mood at any given moment. This is all the more reason for Reds to learn to be conscientious and appreciative of this. To get Blues to become effective contributing members on your class project, Red T/Ts must continually encourage them to speak up and offer their inventive ideas about implementation procedures that will benefit everyone.

To be truly effective as the leaders they love being Red T/Ts will do well to remember that that when focused or pressed, Blues can become anxious and moody. This makes for an uncomfortable classroom environment for everyone. It can be confusing to a Red when Blues stop being so giving and accommodating. But if impatient Red T/Ts will get on a Blue T/T's case about how long a task is taking to implement. It won't be long before they will feel the Blue's withdrawal with hurt feelings. To get the status quo back again, Reds must make the time to be extra kind and nice to them to earn

back the Blues' allegiance.

If you're a Red, do not underestimate a Blue's importance in a group of other colors. Blues will offer valuable insights that will be tremendously helpful. Because Blues can be sensitive and emotional, you will want to soften those Red shoulders of yours and be much more accommodating, to keep your Blue peers and friends in a good place.

As a Red, you are all about leading a group of your peers through the winding roads of necessary change. Think of change as an adventure so life never gets boring for you. Change, in a Reds' opinion is a constant, and at school, it's an everyday thing. When it comes to Blues, they prefer no change at all, but if there has to be change, they simply ask that you give them advance notice of the changes that will directly affect homework or extracurricular activity plans. Do this, and they will rally and do all that they can do for you to help you navigate the waters of change with ease and grace.



What Green T/Ts need most from their Red friend to function effectively is the full-out freedom to think, innovate and create. They thrive on autonomy and nondirective cooperation when put on a school project or activity together. Green T/Ts will make the difficult look easy for a Red. Because of this, Green T/Ts rarely receive appreciation or acknowledgment, from anyone - not teachers, classmates, friends or parents - but it would go a long way to build a friendship from them. To be effective, the Red must appeal to the Green T/T's reasoning abilities, trust their integrity and respect their opinions.

Green is the one color you simply must share the Red leadership power with if you want them to perform in a way that makes you shine on a school project or assignment. To do this you must refrain from telling them what to do and how to do it, criticize them publicly, ignore their suggestions or talk over them.

If you can manage to get Greens out from behind their school desks, their computers or iPhones, you will have to take the initiative to get them engaged fully in social conversation and then give them the reigns. Don't try to control them into doing what you want. You must give them the lead on the school project or assignment and then only good things will happen for a Red if you don't try to one-up them at this very vulnerable Green moment. If you try to control them, they will stop working to make you "shine" as a Red and as the true leader of this school project.

Be respectful of the Green T/Ts opinions, assign reasonable time parameters and above all else, be patient with their need to ask you questions. They will ask a lot of questions so do not be irritable with them if you want to make this a cooperative and successful effort!

When a Red T/T finds themselves do a school assignment alongside or with another Red things can get intense if you aren't "on your game," so to speak. Knowing that Reds are the most competitive of all of the Colors, gives you great insight into other Reds' minds and what will work best with them.

Red T/Ts always like to be challenged as long as you never use a bossy approach or try to one-up them. A show of too much superiority or bossy-ness will result in an uncomfortable situation and unproductive interplay. That's when the side-barbs are not so funny and emotions can get intense! That's when their Red competitive nature will kick into high gear, and what should have been a collaborative effort will become a miserable battle of wills.

Never give your fellow Red T/Ts ultimatums, simply ask them how they would prefer things to play out. By doing this, they will take full ownership of their responsibilities. This will determine whether they show up and how productively they will decide to work with others.

Out of all of the colors, it is the Red T/Ts who must play well with others and this particularly applies to being so competitive with other Reds that it becomes a too intense environment.

Above all else, respect your fellow Reds' need to do things their way and allow them to make their own decisions. Set up your conversations in a way that puts the decision-making power in their hands by giving them choices so they can "own" and take responsibility for their own plan of action.

In hanging out with Yellow T/Ts, it is so important to remember that Yellows simply do not think like Red T/Ts do. As a Red T/T you must make an effort to appeal to their creative sensitivities if you are going to get their genius working as successfully as is possible for your endeavors. If you want to get the very best from your Yellows, you will need to be consistent and sincere in your praise, compliments and appreciation of their work. Be outwardly supportive of their desire for artistic

expression and learn how to smile authentically.

What your Yellow T/Ts will love, coming from a Red, are incentives based on social activities, such as, "When this project is completed and in the can, we are all going out to celebrate."

Above all else, Reds must not micromanage Yellow T/Ts' activities and talk down to them verbally or attitudinally. Reds should never ever use a condescending tone. Yellows are keenly aware of a Red's attitudinal energy. They are perfectly all right with you sitting down with them daily to go over their "to do " lists and timelines, but you must not have an attitude about it or your relationship will disintegrate before your very eyes. Suddenly you'll find you are weeks away from completion rather than a day or two.

Don't delude yourself into thinking that Yellow T/Ts will ever follow a Red's rules and policies. Get over it. Let that ridiculous thought go. Stop policing and start appreciating all the creative ways for expansion and growth that Yellow T/Ts will bring to the table and recognize how you will benefit if you will just hold a loose reign over how they get it done. Above all else, lighten up and smile more often. Yellow T/Ts respond exceedingly well to a positive and light working environment.

#### A GREAT LITTLE ONE-LINER FOR REDS:

When a Red has offended someone by being too direct is, use this best One-Liner to get things back on track. Simply say, "It was not my intention to offend you with my unfiltered directness."

## Red TT's Learning Style

Reds do not focus on listening; what they see is more important to them than what they hear. When working with Red TTs, start the conversation with a picture, graph or chart showing the information you want to share. If what they see first gives them information in the way that they can absorb it, learning begins to take place and they are motivated for further study. To Reds, pictures, graphs and charts are "concrete" evidence that is held in high regard. When they later complete the assignment, they follow the process of gathering data, statistics and research that support this original picture they hold in their minds. Their motivation for achieving the desired, end result remains strong if these steps are followed.

The Red Learning Style Sequence tends to be: visual, kinesthetic, conceptual and auditory. A Red thinks, "Oooo now that looks cool! (visual) I want to learn about that, but don't bother to start talking to me about it. (auditory) I'll just go and start poking around to figure it out for myself. " (kinesthetic)

Reds begin acquiring data and the necessary knowledge the second they see something that they are interested in and want to learn more about. They move quickly from the point of seeing something that interests them, to starting to push buttons, pull levers and examining the thing with a hands-on approach, before actually seeing if there were any directions attached. (kinesthetic). Because they tend to be visual first, they will stop and go, stop and go, along the way to read the directions, rules or any other pertinent data.



# A 'TWEEN/TEEN'S BLUE STYLE

A Blue T/T's mind is inventive, meaning that they love to break things down into parts and put things back together again, especially when it comes to relationships. They will always put the importance of relationships first. They are constantly inventing ways for their friends, peers and family to "just get along," for higher levels of productivity at school, home and extracurricular activities.

Blues T/Ts see themselves as being caring, supportive and cooperative. From their perspective, it's imperative to keep the lines of communication open in order to get homework and household tasks done in cooperative and harmonious ways. They believe in the importance of sharing their feelings and concerns. How they feel becomes an integral part of the building and sustaining of mutually satisfying relationships.

While Blue T/T's set high standards for themselves, they are generally accepting in setting lesser

standards for others. This non-directive and non-confrontational approach makes them highly regarded by their peers, friends, family and teachers, along with the fact that they primarily operate through checking in with everybody first. They are most likely to then follow what the group is doing instead of leading, unless it means getting into some kind of trouble. If what the group is doing is not okay, then the Blue will just quietly bow out, pretty much unseen. Blue T/Ts can become relatively invisible when they want to.

Blues T/Ts can be extremely tolerant, forgiving, friendly, encouraging and compassionate toward their friends and family. They see their role as a combination of cheerleader, counselor, teacher, and personal coach as they assist their friends and siblings in accomplishing their goals and achieving the success they desire.

#### Blues need to hold firm to their vision ...

To be a truly empowered Blue they must embrace owning what's truly great about themselves, i.e., that Blue T/Ts are in fact sensitive, caring and relationship oriented. A Blue T/Ts' biggest fear is rocking the boat and getting somebody mad at them. Yet as a Blue T/T grows and matures there are just going to be times, when they will have to hold firm to their own vision regardless of what others say, and forge forward in their inner strength, ease and grace.

To be truly empowered and to own what's great about being a Blue, doesn't mean that they have to be arrogant, nasty or condescendingly sweet to get their peers, teachers or family members to listen or pay attention to the importance of what they are saying or trying to get across to others.

But Blues do have to energetically manage their feelings and opinions with the authority of their convictions if they are to be taken seriously by others. The best way to do this is to not be intense or emotional about what they are trying to get across.

Get the facts and use them to explain your side of the situation, and you will get a much better response back.

#### 'Tweens and Teens: Succeed with the 4 Color Styles at School & Home

A Blue hanging out with another Blue will be synergistic because they are both so excellent at getting assignments and tasks done while being sensitive to the feelings of those they are doing things with. They will have emotionally deep conversations and the best way for one Blue to enjoy another Blue is to be authentic with them at all times.

When a Blue wants to hang out with Greens they often find them dismissive or aloof, but when that happens, simply wait a moment for them to give you their full attention. Most importantly, do include them in the planning process of what you want to do and lay out the decisions that will directly affect them.

Don't expect Greens to show their emotions or fully engage in social conversations, especially during the school day because their minds are really busy on other things.]

It is best to understand the differences between the Blue T/T's inventive mind and the Green T/T's innovative intellect. Invention differs from innovation in that invention refers to the creation of the idea or method itself, whereas innovation refers to the use of a new idea or method.

Red peers, teachers and parents will offer Blue T/Ts the most opportunity for growth in growing into your own empowered self because you must learn how to stand up for yourself in a way that is not about "being liked" by a Red. Which is actually the opposite of what you've probably been trying to do with a Red and will actually end up being what a Red will have respect for at some point.

Simply make sure when you are communicating with a Red (of any age) that you stand up straight, put your shoulders back and talk in factual, short sentences. Approach them with a quiet confidence. If you are put in charge of leading a group - like you get voted President of the Student Council, or something like that - then you will need to give your Reds well-defined tasks and responsibilities and clearly stated timelines. Be direct, straightforward and brief. Remain calm when communicating and avoid any emotion. Stick with the facts and timelines.



Remember that while you value emotional effort toward accomplishing an assignment, task or activity, Reds will measure the success by getting it done and on time. As much as you want to "check

in" on the Red to make sure they are feeling alright about the task you're working with them on, don't!

Reds are simply not interested in your perceptions or your emotional needs; they want you to step aside and let them just get their part of the assignment done. They expect to be able to take immediate charge of a cooperative assignment and start delegating, and this is a good thing for you. Because when others are not following through, it will be the Red will step in and make sure it gets done. And the other kids in the group will really appreciate this.

Understand that it is you that must stand up tall with your shoulders back, to get a Red's attention in order to earn their respect; it will never be the other way around. You will do this by simply being productive and efficient in your own right, while stepping in on occasion to keep them briefly updated on the assignment.

Above all else, never expect them to know what you need. Never say "I'm sorry" or "I made a mistake," and never rehash a decision that's already been made or bring up an issue that's been settled, because they perceive this as a total waste of their valuable time and energy.

#### A GREAT ONE-LINER FOR BLUES

One of the best One-Liners there is to get things back on track when being accused of being too soft on people is to say: "I understand that you think that I was too sensitive about what you just said to me however, I am a sensitive person and it's not necessary to talk to me like this in order for me to understand what you want."

In this simple, "I understand that you think that ..." statement, you **OWNED** that as a Blue you are sensitive, thereby taking the attack away from the one who was challenging your right to say, that talking to you in this way is unnecessary or unproductive to the conversation.

This is a very powerful way to handle anyone who is challenge your credibility and ability to do your homework as a Blue by trying to accuse you of being too sensitive. The great thing about this One-Liner is that it is not too emotional or too sensitive! The other great thing about this One-Liner is that it will most likely stop them in their tracks and they will think about it before doing it again.

Blues - out of all of the Colors - are the most likely to get bullied at school or on the way home. This is why it would be worth it to do some "role play" with someone who is "safe" that you can trust. This very empowering One-liner and the more you practice it the better you will be able to handle yourself and put an end to anyone trying to make you feel bad about yourself.

Being a sensitive person is a great quality, especially in knowing when something is not alright or okay to do. So don't let anyone get away with using it on you. Practice saying, "I understand that you think that \_\_\_\_\_ and I disagree." You don't have to say anything more than that, pause for a moment - shoulders back - eye to eye contact - then walk on to your next class.

A Blue hanging out with a Yellow is always respectful and delightful because neither one is comfortable with conflict or confrontation. The communication is fairly easygoing until, that is, the Blue T/T feels the Yellow's fickleness in not caring about people's feelings to the extent that Blues think everyone should care.

As a Blue, you must understand that while Yellows are people oriented as are you, Yellows do not focus on caring deeply about what's going on for their peers as they do about just having fun with everyone. Blues often see this as fickle, but Yellows see it as, "Oh lighten up!"

What your Yellows need from you is simple, direct communication without any emotionally laced vibes of guilt, shame or disappointment in them for any reason. Yellows respond very well to a descriptive example of what you want, so just do that and let go of the rest.

An emotional approach will be ineffective with a Yellow and will put you in position to having to work your way back into their "smiling" graces just to get them to want to hang out with you again. Your personal interaction with Yellows must constantly be energetically neutral to get the best out of them and keep them contributing to the relationship.

Yellows use humor to interrupt intense situations and not all of their humor is well thought out, and is sometimes crass and sometimes corny. However, it always works as a distraction and disruption to anything that is becoming too intense for them, like emotional belaboring over anything that has already happened.

As a Blue if you become aware that Yellows are providing too much distraction and disruption during class or while working on homework, then it's time to take a look at where their intense, negative attitudinal energy may be coming from. Lighten things up by acknowledging just how much they are contributing and how much you appreciate their creativity.

It's easy for a Blue T/T to get "blue" when it seems like the emotional climate of the classroom when it is getting too much for you to handle and your fears about not getting it handled compound your already vulnerable feelings.

Blues can start feeling better by expressing appreciation to their classmates and yes, even your teachers and parents - especially your Yellows! It will go a long way to dissolve the fog of negativity, and put you back into feeling good about yourself.

### Blue TT's Learning Style

Blues like to break down whatever assignment or task you've given them into parts and then they love putting it back together again. It is one of the ways they feel useful and helpful. It is also how they figure out how to invent solutions to problems.

The Blue TTs Learning Style Sequence tends to be: auditory, kinesthetic, visual and conceptual which reveals that 'tweens and teens begin the process externally based on what they hear. Blues quickly and instinctively transition into the kinesthetic mode, because this added sensory input allows them to internalize and personalize what they are hearing.

As mentioned earlier, Blue TTs have inventive intellects that begin developing at very early ages. You will observe how much they love to sit and take things apart, and then put them back together again. They love figuring out what makes them work. Their young minds want to know "how" and "why" and they can be more relentless with PTs when they are seeking to understand every single new thing they are learning in their world.

They begin doing this with toys, quickly growing into electronics, then anything and everything within their reach. This inventive, seeking intellect evolves early into how they understand the world of relating. They are voracious readers of both fiction (love and romance) and non-fiction (why and how).



#### YOUR PERSONAL COLOR COMBO IS: RED/BLUE

**HOW TO INTERPRET:** Red/Blue is a director style that is focused on winning results, is great at delegating (Red) and getting out there to see how people are doing and feeling (Blue).

**IMPORTANT:** Out of all of the color combos this combo may be the most challenging to people living or working with Red/Blue, because it is even more confusing on an intimate and emotional level.

One minute the Red/Blue style may be off-putting to others with how Red/Blues "police" a situation. Their intense attention to details—what time it is, how late you are and what is realistic—are "brutally" honest and totally focused on getting those **RESULTS** yesterday (Red). However in the next moment, Blue kicks in, and these individuals can be really **NICE**, caring, sweet, concerned, loving and wanting a big ol' **HUG** (Blue)!

In visiting with Red/Blues they indicate that they are at times conflicted about the emotional extremes of their results-oriented drive vs. their caring, sweet counter image.

**REMEMBER:** The more intense the situation, the more intense the Red will seem.

**IF YOUR COLOR COMBO REVERSES:** If you flip to a Blue/Red, it means the more intense the situation, the more Blue your reactions are likely to be initially, followed with possible stern tones (Red) when things don't improve quickly enough.

The Blue/Red Color Combo is the one that most people feel is passive / aggressive in their reactions

and behaviors toward others. This is a direct result of the Blue (passive) then Red (aggressive) combination.



#### RECOMMENDATIONS

What we want to do is not only learn about ourselves, but also start thinking about the style that is most difficult to deal with and communicate to.

When we learn about our own style and how it depicts not only what we highly value, but how we think and integrate information, then we begin to understand why we are not on the same wave length verbally and intellectually as someone who has entirely different values and thinking processes.

For starters, people with similar tendencies are most compatible with one another socially. That's because those with common interests, habits and approaches help reinforce each other's self-esteem. In the work arena when it comes to tasks - whether it's doing a project at work, purchasing materials or determining the budget - the dynamics differ dramatically

For example, Reds and Yellows share an outward focus and often similar interests. Blues and Greens, on the other hand are both inward oriented and may like the same kinds of activities. Both Yellows and Blues aspire to be in a supportive relationship. Usually, though, it's the Blue who's in the giving role and trying to make peace and the Yellow who's trying to get everybody to "lighten-up" and have some fun!

Meanwhile, the "I want it and I want it now" directive Reds and Yellows commonly find it hard to develop rapport with the quiet, focused and internally driven Blues and Greens who are less decisive and driven toward external rewards. And the Blues and Greens, in turn, find the Reds less desirable because they're too pushy, too loud and often too bossy in their demands of them.

To the Red, who just wants results and wants them - yesterday, and to the Yellow, whose basic saying is, "Don't worry, be happy!" - the systematic Green and steady Blue can be a drag. While Blues often resign themselves to tolerate the forwardness of Reds and Yellows, the Green frequently just prefers to be left alone in their office or cubicle.



## MATCHING & MIRRORING: A MAGICAL TECHNIQUE

In Matching & Mirroring each of the Color Styles simply remember to get in sync with whatever they are doing: If they are standing or sitting with their shoulders back and quite erect - do the same thing. If they use language succinctly - be succinct.

**BE NICE** with a Blue, soften your stance, your shoulders and your voice. Allow a connection to take place first by asking them how their day or their family is. When discussing an area of concern, simply give them illustrative and/or descriptive information with an example of how you'd like it to be. They are driven by knowledge and their key desire is to figure it out so they can do it well and be of service to you. Appreciate that!

Think **SYSTEMS** with your fellow Green - have fun talking systems and talking fast! You both already see the "big picture" so what you are both are interested in is the mental process of designing the most efficient way to get there.

Talk in **BULLET POINTS** with a Red. **SLOW DOWN!** While Reds want everything done **FAST**, they don't think fast, process information fast or talk fast. Talk slower and match their interests. If they are interested in **RESULTS**, keep your conversation with them quick and to the point. They are not interested in your systems! Get to the point, get in, get out and get done! They just don't deeply care about your process in developing a most amazing system. Dial up your inner Red and tell them what you think in sound bytes and all will go very well between the two of you.

And what about the fun loving, people oriented Yellows!?! **OPEN UP** and put a big old smile on your face - then pull up a chair and sit down. Why? Because it's going to be awhile! They will want to connect with you for at least 15-20 minutes before getting down to the task at hand Once you are going forward with whatever the two of your will be doing together remain mindful because they are about to razzle dazzle you with their most creative and innovative ideas to help make that event you are coordinating a spectacular.

#### STEP INTO YOUR GREATNESS

Remember, this is about being your best self, stepping more fully into your greatness. How you show up in every area of your life will either enable you to be effective and synergistic - or not. Dialing in the other person's color is the fastest way to get "connected" synergistically.

So now that you understand how you can work with each color effectively by understanding each color's idiosyncrasies and vulnerabilities, I hope you will take it to heart and to mind when it comes to simply choosing to get into sync with those you work closely to.

The person who will benefit most, will be you!

# A 'TWEEN/TEEN'S GREEN STYLE

A Green T/T's style is visionary. They are looking for innovation, not emulation. The greatest challenge for Green T/Ts is staying in the present to deal with the current needs and problems of the everyday demands of school in getting things done with all of the outside interruptions in their thought processes.

A Green T/T spends most of their time "in their head" literally or in a place that most Green's refer to as the Zone. They are constantly up in the Zone - mentally - thinking of ways and systems to solve problems, or logistically figuring out how to get their homework done without breaking a sweat so they can get on to other, more interesting, mental activities and electronic games.

Once Greens have completed designing a system to get a school project underway they present their vision to their classmates with complete, fully thought out goals, benchmarks and timelines that they expect everybody to follow. Once they hand off their plan Green T/Ts are nondirective, meaning that because they don't want anyone telling them what to do, they mistakenly believe that no one else needs directives either. They feel that they've done their part and are ready to move on to the next mentally stimulating project.

Unless the classmates themselves are Greens, they don't necessarily understand what's expected of them or how to move forward. This perplexes and frustrates Green T/Ts, because they expect everyone to act as independently as they do and use their heads to figure out what needs to be done. Green's can give off an attitude of "Go away; you're bothering me" and this can hurt their classmates feelings which can then lead to interpersonal issues that can become intense and emotional.

#### Greens problem-solve in the Zone ...

This can become a big mistake for Green T/Ts to make with their peers, because the other Colors don't understand what's expected of them without being told.

To have a really good relationship with your peers, friends and yes, even your families, the Green T/Ts will need to really slow down their minds and their rate of speech, because the Green mind moves at a rate that some of the other personalities just can't keep pace with. Consequently, the communication process may break down.

Green T/Ts must come down from the Zone, and spend time giving their classmates what they need so collaborative school work and extracurricular activities can move along smoothly.

How 'Tweens and Teens Can Succeed with the 4 Color Styles at School & Home

Green T/T hanging out with a Blues can be tricky. The success of this relationship depends upon how the Green T/T is able to balance his or her focus on the features of the wonderful projects at hand, without being bogged down by the Blue T/Ts' need for time to talk and connect.

To win friends and get respect from your peers Green T/Ts will need to do some behavior modification on yourself about your precious time in the Zone. First things first: be acknowledging of the Blues who are working on your school project with you. They are going to be your most loyal supporters, for they are the ones who will take your wonderfully designed plans and systems and implement them perfectly for you.

Yes, it takes real "down time" (time out of the Zone) to "be" with your Blue peers emotionally and in the same physicality, but it will be time well spent. Look at it this way, slowing down to connect is a great way for your brain and mind to rejuvenate so it's ready to go again in the Zone once the Blues are happily working alongside of you on the homework or school project. All they need or want from you is appreciation for their contributions, so give them your attention, approval and some quality time to feel like you are not taking them for granted.



Green T/Ts can empower their Blue counterparts by "checking in" with them regularly about what they "think" about how things are going.

Now this is important: Blues have a tendency to think what they need and want is abundantly clear and get their feathers ruffled when, as a Green, you speed right by what they consider obvious. It may be obvious to another Blue, but certainly not a Green or any of the other colors for that matter. So, make time to "check in" on them regularly. Ask them, "How's it going?" or "Is there anything you need from me right now?" Or take time to notice them, "What a great outfit, where did you get that?"

Green T/Ts hanging out with other Greens should not overlook the need to show appreciation just because it's another Green. Be cognizant that Greens can allow themselves to be overwhelmed by agreeing to too many school activities and projects. As an observer of this, you understand better than most how this can overwhelm a Green. So what a relief it can be for Greens to receive understanding and constructive ideas from their Green counterpart! Don't hesitate to step in and offer help; as a Green, you know exactly how you'd like to be helped, so give your "observation" to your Green as you'd prefer to receive it. You realize that Greens will only accept support from others who have proven themselves trustworthy - and who better than you!

When Green T/Ts hang out with Reds power struggles can happen if you are not alert! As a Green, there are a few simple things you can do to help you work alongside any Red with ease and grace.

First, you have got to slow down your talk, your walk and your need to get back to the Zone. Don't rush anything with a Red; this is going to take the time it takes. You must hand off whatever you had planned - whatever system you created - to the Red who is in charge. Let it go. Recognize that it is in everyone's best interest to have the Reds head this up and delegate it out to the most competent, capable students involved in this school activity.

If you'd like to win a Red's positive regard give them some challenges that allow them to develop an action plan for getting your system in place, or underway. Think of this situation as you being the architect and the Red being the contractor ready to start building the house. Reds can't take it forward if you don't hand it off. And even though I said this in the last paragraph, it bears repeating: Let it go!

Give your Red peers - and project teammates - a sense of direction, a timeline and a clear understanding of their roles. Clearly explain what needs to be done and, most importantly, what you need from them. Then let them complete the task.

And to answer your Green need to run with this, "No they will not undertake the project in the same way that you would, but it will get done." So, let it go into their truly competent and capable hands.

Above all else, anticipate ahead of time that any change in direction, once the school project has started, will result in them digging their heels in. Don't panic! Just present the concrete explanation let them mull it over until they think it's their idea, and then watch things move right along!

Green T/Ts hanging out with Yellows can be a pleasure-to-frustration-to-pleasure experience. Greens truly enjoy their Yellows' creative ideas and then really struggle with how a Yellow proceeds with the task at hand, specifically, completion. What a Green T/T considers timely when getting an assignment done and what a Yellow thinks about "time" are parallel opposites!

Yellows are not bound by timelines, no matter how much you nag at them about it. In fact, the more you nag, the longer everything takes. So, the best thing Greens can do for their own sanity, as well for a good outcome on your joint - team - assignment with a Yellow, is to have a daily meeting about the "to do" list. Every day, both of you talk through what needs to be done first, second, third and so on. Have Yellows repeat back to you what they've understood you to say, speaking aloud the time of the next deadline. This gives Yellows a down-to-earth, tactile understanding that may last through to the end of the day.

Yellows are notorious for leaving everything to the last minute, and this of course is can be very stressful for Greens, unless you understand them and work with them in good faith.

When getting close to the finish line, it's important to have "The Check-In" with your Yellows about not taking any side trips for the next few days. Simply explaining that there will only be a few days without any side trips, is better for their minds than saying, "No side trips ever."

Side trips for Yellows are their way of following the creative path of exploring all that the Great Out There that life has to offer, and they will not be denied this very fascinating part of how life happens for them.

What is the Great Out There? It is where Yellows mentally day dream. It's where they come up with all kinds of fun ideas of places to go and people to hang out with. It's where artistic Yellows visualize what they want to do or create.

Another thing about Yellows is that they never want to miss out on anything that could be fun. They love shopping around in the Great Out There for the most creative way to a variety of things. These are side trips that can take them hours, if not days, off task. So as a Green who has to do a school project with a Yellow, you will save yourself a lot of frustration if you keep checking in with your Yellows a daily practce. It is a time for you to get out from behind your desk or computer and "connect," because Yellows must have "connection" and "to do lists" to do their part to the assignment.

#### GREAT LITTLE ONE-LINERS FOR GREENS

Here are two great One-Liners to get things back on track with oppositional or argumentative situations you may encounter as a Green:

- You could be right.
- You are right about \_\_\_\_\_, and I still \_(think, feel, believe, perceive, prefer that) \_\_\_\_.

# Green TT's Learning Style

Greens see the big picture conceptually long before the other Color Styles. They begin their systematizing process internally based on the mental pictures and concepts that they see taking shape in their minds.

The Green TTs Learning Style Sequence tends to be: conceptual, visual, auditory and kinesthetic. Once they clearly formulate the required components of the homework assignment at hand that they are seeing in their minds, they start validating by scan reading as much as is applicable (or listening to trainings while they are "doing" something else) so they can to start building their unique system through writing "to do" lists - kinesthetic.

As far as the auditory component, Greens don't rely so much on what they hear from others i.e., trainings about the subject matter, as much as what they need to talk through the information they've gathered as they put the pieces of the puzzle together a simple and easy to implement system.



# A 'TWEEN/TEEN'S YELLOW STYLE

Yellow T/Ts enjoy social interaction on a daily basis. They are very charismatic and they are often

seen as leaders because they make everything seem fun, even group projects and collaborative school assignments! They always strive for cooperation and have zero interest in conflict or confrontation. They use humor to diffuse intense situations when they arise.

Yellow T/Ts lead by inspiration - cheerleading, applauding, coaching and providing positive feedback to their friends, peers and siblings. Yellow T/Ts love extracurricular activities and overseeing school projects. I say "overseeing" because they can get their peers to join in and do amazing things because they make everything they do seem like such fun.

Inwardly, Yellow TTs' minds are continually jumping around from one thought to another and can become so preoccupied that they literally don't hear most of what's being said.

Yellow style T/Ts is anything but traditional. Yellow T/Ts want everybody else to hang out independently from them, be self-sufficient, handle their own issues and come to them only to give them updates on anything social going on. They don't want to be told about problems because they really just want to be having a good time, all the time.

Yellow T/Ts love to do all the talking, but to keep your peers happy, you need to let them talk too! Certainly they look to you to fill in the gaps, but you will do better if you ask them questions and keep them involved in the conversation too.

To be truly respectful of the other three Color Styles, Yellow T/Ts must also come down mentally from the Great Out There and pay attention - listen - to what other's are saying.

What is the Great Out There? It is where Yellow T/Ts go mentally to day dream a lot of the time. It's where they come up with all kinds of fun ideas of places to go and people to hang out with. It's where artistic Yellows visualize what they want to do or create.

Your Blue and Red friends, peers, teachers and family need you to provide some structure, well-defined responsibilities, written guidelines when you are coordinating a social activity or working on a school project together with them. What they really want from you is for you to assign them tasks, otherwise it can be very unsettling and can create an unhappy work environment, even though it is the very last thing a Yellow wants to have to do.

To hang out with the other Color Styles well, Yellows must manage their own minds. They must get themselves on the same wave length as those who are looking to them for leadership.

#### Succeed with the 4 Color Styles at School & Home

Yellows prefer keeping everything light and cheery. For a Yellow T/T to have fun hanging out with a Blue they've got to accept the fact that there are going to be days when their Blue friends and peers are going to be, well, "blue" about the fact that they feel that they are carrying all of the responsibility in the relationship while Yellow T/Ts are out there getting all of the attention and having all of the fun. They really adore their Yellows energy and charisma, but if Yellows aren't connecting with their Blue friends regularly, they can get into some moodiness!

In doing a school project or homework assignment with Blues, they will work hard for Yellows and get all of your tasks completed so you don't necessarily have to - a wonderful benefit to you when there are things that you don't consider much fun. You will keep your Blues happy if you are conscientious about connecting with them daily. Don't take them for granted, be respectful of their needs and above all else be sensitive to their emotional state.



It's easy for Yellow T/Ts to overload their Blues counterparts with the things Yellows don't want to do, so if you want to keep everybody happy, be respectful about this and don't burn your bridges with the Blues' accommodating and generous nature. Once the relationship is damaged with a Blue friend or peer it will be hard to win them back. Recognize that when a Blue gets their "stubborn" on, it's intense for everyone working on with them on the school project. The normally caring and loving Blues can become uncharacteristically critical about

you to all of their equally underappreciated Blue friends. This creates a negative energy field that will persist until you find a way to make up for your lack of consideration and giving them the emotional connection they need.

Above all else, put Blues first in your daily rounds of meets and greets when you first get to school!

Yellow T/Ts hanging out with Greens is very mentally stimulating for you both because you are both

so creative, but in different ways.

If you are working with a Green on a school project it's a good thing to know that Greens hate having to participate in rah-rah, "let's get fired up" school activities or have to be a part of something at your social events. They will be much more likely to get engaged, involved and interested in computer or electronic game activities. They adore mental mysteries that have an uncanny prowess to figure out when hanging out with you in a social setting. They are very comfortable behind their computers, but to bring them out into a social situation, don't try to engage them by forcing the issue and telling them to, "Get a smile on that face!" because Green's really don't like being told that, especially when they are actually enjoying themselves in their own Zone.

Make your social activities intellectually interesting and they will be fully committed to whatever school activity you want them to work with you on.

You know how to appeal to a Green's logic and you can especially appreciate their need for no defined boundaries. However, on the other hand, they function most effectively when you show them that you can give structure and organization to the project before you hand it off to them to run with.

Above all else, be honest and straightforward with your Greens. Say what you need to say as succinctly as possible so they can get on with what they are doing to finish the assignment, then make a point to follow through on your agreements and commitments with them. Keep your upbeat, excitable energy calm, rational and respectful with them, and they will bend over backwards to give you everything you could possibly want from the school project ...and more!

As a Yellow T/T hanging out with a Red, you must therefore show up in the here and now and not try to carry the conversation from the Great Out There, that is if you want to keep every body's stress levels low where you can be having a good time!

Show up always as your most competent, capable and efficient self, especially in setting down to collaborate on a school project with your Reds. All the Reds want is for you to not waste their time with a lot of frivolous socializing when there is work to be done They want you to follow through on all of your commitments, be willing to go with "their flow" and desire to get things done, now!

Keep it factual. Be prepared to back any creative recommendations you want to make with facts and figures, and you will have your Red taking charge, leaving you to plenty of time to make the rounds to socialize and uplift others out there in need of your smile.

Yellow T/Ts are great idea creators, but they struggle with completion deadlines set by all of the other Colors. Yellows feel the other Colors don't truly understand the creative process within the creative process. Because Reds are not incredibly creative but are results oriented, what really matters to them is keeping things on time, keeping score, keeping track, monitoring and checking in, which can feel like a real downer for Yellow T/Ts. But in speaking their language you can keep things happening in a fun way.

One last thing that will positively engage your Reds is to offer them plenty of leadership opportunities and support. Now you're talking Red speak!

A Yellow T/T hanging out with another Yellow is nothing but fun, but when the two of you have collaborative responsibilities and/or school work you must to see through to completion, you are the one who will need to keep yourself grounded in the here and now, at least until the end of the day, every day!

The very best way for a Yellow T/T to stay on task through to completion is to have a running "to do" list that is revisited at the start of every day. Being a Yellow T/T working with another Yellow, it is imperative that you do exactly that!

Yellows are great motivators, networkers, up lifters and leaders as long as they have a conscientious support network of their peers around them that gets the down-to-earth part of the job done. If your top support person is also a Yellow, then someone has to decide who is going to be in charge of the daily "to do" list and discussion around the priorities of that list. It can work either way. This will require a conversation between the two of you to decide who is going to be in charge of what.

Either way, daily "connection" meetings to go over the "to do lists" are really necessary if you are to enjoy the fun of working on the school project together so you can get on with the social activities you are already planning for afterwards.

Is having a "to do" list starting to sound like drudgery? Well, then use your Yellow creativity to simply make it **FUN**!

#### A GREAT LITTLE ONE-LINER FOR YELLOWS:

Here's the best One-Liner to get things back on track with things are going sideways:

"Wait a moment ... I'm on your side! Let's figure this out together."

### Yellow T&T's Learning Style

Yellows physically and emotionally feel their way through life. They like the feel of what's going on, literally touching what they're observing in the room or creating a picture of it through drawing or doodling, using lines or arrows to connect the dots or design a visual.

The Yellow Learning Style Sequence tends to be: kinesthetic, visual, auditory and conceptual."Give me something to play with, touch and feel, and now you have my attention and I'm ready to learn as long as you make it fun, fun, fun. Don't tell me, show me how this is entertaining to learn. I like pictures and stories that I can get my mind around that are interesting. I'm so busy mentally in the Great Out There - day dreaming - that I'm not hearing you."

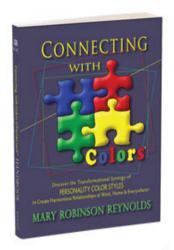
Yellows' love of talking so much - auditory - is not about auditory learning as much as it is about needing to talk about what they've accomplished. They need to be sure that their internal picture matches what they saw and are able to illustrate. They are bored easily by the written word, and need as many hands-on activities as possible to enhance and solidify their learning process.



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# How to Make the Learning "Grow"

What to Do Next to Keep Momentum Going Forward



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To Learn More go to: www.ConnectingwithColors.com/Program

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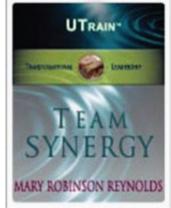
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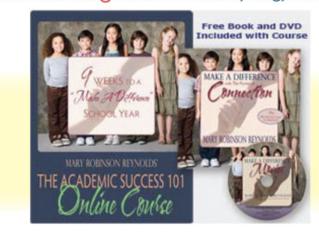
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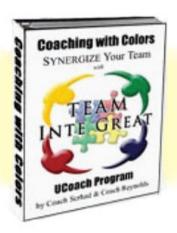
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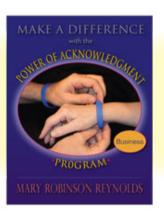
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